



# Lesson Plans

## Year 7 Science

## Chapter 8 Forces

### Some general points about the following lesson plans:

- ★ The lesson plans outline only one way of sequencing the learning material in this chapter of the textbook.
- ★ The content and sequence will obviously vary from class to class (The following guide is ambitious in many instances).
- ★ All activities and investigations in each chapter have been deliberately designed to support the National Curriculum content whilst keeping in mind the development and reinforcement of skills required in the study of science in Year 11/12.
- ★ The length of lessons vary from school to school and even within schools. The following guide is based on 35/40 min lessons because it was reasoned that adjustment to 60/75/90 mins lessons would be easier than reducing lesson plans.
- ★ Students may be challenged further by completing each chapter Task, Competition Questions, Challenges, and by finding and entering any of the many competitions, challenges, projects etc that may be found on the Internet. Such students may benefit by doing an Internet search early in the year and planning entries before they close.

## Assessment

A Task  
Inquiry Report  
End of Unit Test

## Content Description (4 weeks)

### Chapter 8

Change to an object's motion is caused by unbalanced forces acting on the object (ACSSU117).

- ★ Investigate the effects of applying different forces to familiar objects.
- ★ Investigate common situations where forces are balanced, such as stationary objects, and unbalanced, such as falling objects.
- ★ Investigate a simple machine such as lever or pulley system.

## **Content strands**

The Australian Curriculum: Science has three interrelated strands: Science Understanding, Science as a Human Endeavour and Science Inquiry Skills.

### **Science as a Human Endeavour**

Scientific knowledge changes as new evidence becomes available, and some scientific discoveries have significantly changed people's understanding of the world (ACSHE119)

- investigating how advances in telescopes and space probes have provided new evidence about space
- researching different ideas used in the development of models of the solar system developed by scientists such as Copernicus, Khayyám and Galileo
- researching developments in the understanding of astronomy, such as the predictions of eclipses and the calculation of the length of the solar year by Al-Battani in the tenth century

Science knowledge can develop through collaboration and connecting ideas across the disciplines of science (ACSHE223)

- considering how water use and management relies on knowledge from different areas of science, and involves the application of technology
- identifying the contributions of Australian scientists to the study of human impact on environments and to local environmental management projects
- investigating how land management practices of Aboriginal and Torres Strait Islander peoples can help inform sustainable management of the environment
- studying transnational collaborative research in the Antarctic
- recognising that traditional and Western scientific knowledge can be used in combination to care for Country and Place

Science and technology contribute to finding solutions to a range of contemporary issues; these solutions may impact on other areas of society and involve ethical considerations (ACSHE120)

- relating regulations about wearing seatbelts or safety helmets to knowledge of forces and motion
- considering issues relating to the use and management of water within a community
- considering decisions made in relation to the recycling of greywater and blackwater
- considering how human activity in the community can have positive and negative effects on the sustainability of ecosystems
- investigating ways to control the spread of the cane toad

Science understanding influences the development of practices in areas of human activity such as industry, agriculture and marine and terrestrial resource management (ACSHE121)

- investigating everyday applications of physical separation techniques such as filtering, sorting waste materials, reducing pollution, extracting products from plants, separating blood products and cleaning up oil spills
- investigating how advances in science and technology have been applied to the treatment of water in industrial and household systems
- investigating how Aboriginal and Torres Strait Islander knowledge is being used to inform scientific decisions, for example care of waterways
- researching the different scientific responses to the rabbit plagues in Australian agricultural areas

People use understanding and skills from across the disciplines of science in their occupations (ACSHE224)

- recognising that water management plays a role in areas such as farming, land management and gardening
- investigating how separation techniques are used in the food and wine industries
- considering how seasonal changes affect people in a variety of activities such as farming
- considering how sports scientists apply knowledge of forces in order to improve performance

### **Science Inquiry Skills**

Science inquiry involves identifying and posing questions; planning, conducting and reflecting on investigations; processing, analysing and interpreting evidence; and communicating findings. This strand is concerned with evaluating claims, investigating ideas, solving problems, drawing valid conclusions and developing evidence-based arguments.

## Chapter 8 Forces (4 weeks)

Lesson	Method	Resources
1	<ul style="list-style-type: none"> <li><input type="checkbox"/> General (covering book, ruling pages, paste study guide etc.)</li> <li><input type="checkbox"/> Purpose of chapter</li> <li><input type="checkbox"/> Introduce/discuss: Forces p171</li> <li><input type="checkbox"/> Discuss: Newton p171</li> <li><input type="checkbox"/> Discuss: Forces in everyday life</li> <li><input type="checkbox"/> HW: Thoughts about task p171</li> </ul>	
2	<ul style="list-style-type: none"> <li><input type="checkbox"/> Discuss: Forces p172</li> <li><input type="checkbox"/> Activity: Memorise definition of force p172</li> <li><input type="checkbox"/> Exercise p173</li> <li><input type="checkbox"/> HW: Revise dfn force, challenge p173</li> </ul>	
3	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force and examples</li> <li><input type="checkbox"/> Discuss: Measuring force p174</li> <li><input type="checkbox"/> Discuss: Units of force p174</li> <li><input type="checkbox"/> Exercise p174</li> <li><input type="checkbox"/> HW: Complete exercise as necessary, Revise measuring force</li> </ul>	
4	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force and examples</li> <li><input type="checkbox"/> Discuss: Gravity p175</li> <li><input type="checkbox"/> Activity: Make a force meter p175</li> <li><input type="checkbox"/> Activity: Calibrate the force meter p175</li> <li><input type="checkbox"/> HW: Revise force and measuring force</li> </ul>	Equipment for force meter
5	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, examples, measurement, gravity</li> <li><input type="checkbox"/> Internet: Torsion meters p175</li> <li><input type="checkbox"/> Exercise p175</li> <li><input type="checkbox"/> Challenge p175 (Work a few other examples?)</li> <li><input type="checkbox"/> HW: Complete exercise as necessary and revise forces</li> </ul>	Internet
6	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, examples, measurement, gravity</li> <li><input type="checkbox"/> Discuss: Friction p176</li> <li><input type="checkbox"/> Activity: Draw force diagram of object on a slope p176</li> <li><input type="checkbox"/> Activity: Different surfaces, different resistance p176</li> <li><input type="checkbox"/> Internet: Online experiments with interactive friction p176</li> <li><input type="checkbox"/> HW: Revise forces</li> </ul>	Flat surface and a variety of objects Internet
7	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, examples, measurement, gravity, friction</li> <li><input type="checkbox"/> Discuss: Useful friction with examples p177</li> <li><input type="checkbox"/> Discuss: Problem friction with examples p177</li> <li><input type="checkbox"/> Activity: Measure friction p176</li> <li><input type="checkbox"/> HW: Revise Forces</li> </ul>	Flat surface, variety of objects, spring balance (Newtons)
8	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, examples, measurement, gravity, friction</li> <li><input type="checkbox"/> Internet: Online videos of friction p177</li> <li><input type="checkbox"/> Internet: Online videos of air resistance p177</li> <li><input type="checkbox"/> Internet: Computer processor and heat p177</li> <li><input type="checkbox"/> Internet: Brake fade? p177</li> <li><input type="checkbox"/> Exercise p177</li> <li><input type="checkbox"/> HW: Revise forces</li> </ul>	Internet

## Chapter 8 Forces (4 weeks)

Lesson	Method	Resources
9	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, examples, measurement, gravity, friction</li> <li><input type="checkbox"/> Discuss: Magnets and magnetic force p178</li> <li><input type="checkbox"/> Activity: Magnets pull or push p178</li> <li><input type="checkbox"/> Internet: Experiment with online magnets 'interactive magnet' p178</li> <li><input type="checkbox"/> Exercise p159</li> <li><input type="checkbox"/> HW: Revise magnetic force and consider challenge p 178</li> </ul>	Magnets Internet
10	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, measurement, gravity, friction, magnetic force</li> <li><input type="checkbox"/> Discuss: Earth's magnetic field p179</li> <li><input type="checkbox"/> Activity: Make your own compass p179</li> <li><input type="checkbox"/> Exercise p1179</li> <li><input type="checkbox"/> HW: Revise magnetic force</li> </ul>	Equipment to make compass Internet
11	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, measurement, gravity, friction, magnetic force</li> <li><input type="checkbox"/> Discuss: Balanced forces p180</li> <li><input type="checkbox"/> Activity: Use force diagrams to explain a car getting faster, at constant speed, slowing down p180</li> <li><input type="checkbox"/> Internet: How do aircraft wings create lift? p181</li> <li><input type="checkbox"/> Exercise p181</li> <li><input type="checkbox"/> HW: Complete exercise as necessary and revise forces</li> </ul>	Internet
12	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, measurement, gravity, friction, magnetic force, balancing forces</li> <li><input type="checkbox"/> Discuss: Unbalanced forces p182</li> <li><input type="checkbox"/> Activity: Draw force diagram of falling diagram p182</li> <li><input type="checkbox"/> Activity: Use force diagrams to explain an object falling faster, at constant speed, still on the ground p183</li> <li><input type="checkbox"/> Exercise p183</li> <li><input type="checkbox"/> Discuss: Simple machines - the wheel p184</li> <li><input type="checkbox"/> Discuss: Simple machines - the pulley p185</li> <li><input type="checkbox"/> Exercise p185</li> <li><input type="checkbox"/> HW: Complete exercises as required</li> </ul>	
13	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Definition force, measurement, gravity, friction, magnetic force, balancing forces, simple machines</li> <li><input type="checkbox"/> Discuss: Levers - first class lever p186</li> <li><input type="checkbox"/> Discuss: Levers - second class lever p187</li> <li><input type="checkbox"/> Discuss: Levers - third class lever p187</li> <li><input type="checkbox"/> Activity: First class lever p186</li> <li><input type="checkbox"/> Activity: Second class lever p187</li> <li><input type="checkbox"/> Exercise p187</li> <li><input type="checkbox"/> HW: Complete exercises as required, revise simple machines/levers</li> </ul>	Equipment for levers activity
14	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Simple machines and levers</li> <li><input type="checkbox"/> Discuss: Ramps p188</li> <li><input type="checkbox"/> Activity: Calculate mechanical advantage p188</li> <li><input type="checkbox"/> Discuss: Wedges and screws p189</li> <li><input type="checkbox"/> Exercise p189</li> <li><input type="checkbox"/> HW: Complete exercises &amp; revise simple machines</li> </ul>	
15	<ul style="list-style-type: none"> <li><input type="checkbox"/> Test: Simple machines, levers, ramps, wedges, screws</li> <li><input type="checkbox"/> Discuss: Wheel and gears p190</li> <li><input type="checkbox"/> Discuss: Pulleys</li> <li><input type="checkbox"/> Exercise p191</li> <li><input type="checkbox"/> HW: Complete exercises as required &amp; challenge p190</li> </ul>	

## Chapter 8 Forces (4 weeks)

Lesson	Method	Resources
16	Science inquiry <input type="checkbox"/> Group selection of an inquiry question from p193 <input type="checkbox"/> Group conduction of an investigation to answer the question.	
17	<input type="checkbox"/> Continuation of investigation <input type="checkbox"/> Write report (samples on p21 and p25) <input type="checkbox"/> HW: Complete report as required	
18	Chapter Review and Task <input type="checkbox"/> Exercise p194 and p195 <input type="checkbox"/> Puzzles p197 <input type="checkbox"/> Begin work on 'A Task' p171 <input type="checkbox"/> HW: Complete exercises & work on task as required	
19	Chapter Review and Task <input type="checkbox"/> Exercise p196 and p198 <input type="checkbox"/> Continue work on 'A Task' p171 <input type="checkbox"/> HW: Complete exercises & work on task as required	
20	Chapter Review and Task <input type="checkbox"/> Competition questions p199 <input type="checkbox"/> Harder test questions p200 <input type="checkbox"/> Preparation for test <input type="checkbox"/> Continue work on 'A Task' p171 <input type="checkbox"/> HW: Complete exercises & work on task as required	
21	<input type="checkbox"/> End of chapter/unit test	